

## Take The Ecological Footprint Quiz (whole class).

As a group, get the whole class to take the quiz. Everyone should record their scores at the end. Then do the tutorial activity below.

a) How many people live in your household?

		Points
i)	1	30
ii)	2	25
iii)	3	20
iv)	4	15
v)	5	10

b) How is your home heated?

		Points
i)	Natural Gas	30
ii)	Electricity	40
iii)	Wood	1
iv)	Renewable (solar, wind)	0

c) How many individual taps (in your kitchen, bathrooms, laundry room, and outside) and toilets do you have in your home?

		Points
i)	Less than 3	5
ii)	3-5	10
iii)	4-6	15
iv)	7-10	20
v)	More than 10	25

## II FOOD

a) How many meals per week do you eat meat or fish?

		Points
i)	0	0
ii)	1-3	10
iii)	4-6	20
iv)	7-10	35
v)	More than 10	50

b) How many home-made meals do you eat per week (including those you bring to school/work)?

		Points
i)	Under 10	25
ii)	10-14	20
iii)	15-18	15
iv)	More than 18	10

c) When purchasing your food items, does your family try to buy locally produced goods?

	Points
i) Yes	25
ii) No	125
iii) Sometimes	50
iv) Rarely	100
v) Don't know	75

### III TRANSPORTATION

a) If you or your family own vehicles, what type are they? Add points for each type of vehicle.

	Points
i) Motorcycle	15
ii) Small-car (4c)	35
iii) Mid-sized (4c)	60
iv) Station wagon or mini-van (4c)	75
v) V6	100
vi) V8	130

b) How do you get to school/work?

	Points
i) Drive alone in own car	50
ii) Public transport	25
iii) Car-pool	20
iv) Walk	0
v) Bicycle or rollerblade	0

c) How many trips do you make per week on public transport for which you would have otherwise used a car?

	Points
i) 0	50
ii) 1-5	40
iii) 6-10	30
iv) 11-15	20
v) More than 15	10

d) Where did you go on vacation in the last year?

	Points
i) No vacation	0
ii) Within NSW or S.E. QLD	10
iii) Another East-Coast state	30
iv) WA, NZ, or S.E. Asia	40
v) Rest of the World	70

e) How many summer weekend trips do you take by car?

		Points
i)	0	0
ii)	1-3	10
iii)	4-6	20
iv)	7-9	30
v)	More than 9	40

#### IV PURCHASES

a) How many large purchases (eg. home computer, car, furniture, fridge, stove, etc.) has your household made in the past year?

		Points
i)	0	0
ii)	1-3	15
iii)	4-6	30
iv)	More than 6	45

b) Have you bought any energy-efficient products in the past year (eg. light bulbs, fridges, stoves)?

		Points
i)	Yes	0
ii)	No	25

#### V WASTE

a) Does your household try to reduce the amount of waste created in the house (eg. buying food in bulk, refusing junk mail/flyers, using reusable containers for storage, using natural cleaners for household cleaning)?

		Points
i)	Always	0
ii)	Sometimes	10
iii)	Rarely	20
iv)	Never	30

b) Does your household compost?

		Points
i)	Always	0
ii)	Sometimes	10
iii)	Rarely	15
iv)	Never	30

c) Does your household recycle newspapers, cardboard/boxboard/pizza boxes, fine paper, aluminium cans, glass/plastic bottles and other materials?

		Points
i)	Always	0
ii)	Sometimes	10

iii)	Rarely	15
iv)	Never	20

d) How many wheelie-bins of waste do you fill each week?

		Points
i)	0	0
ii)	0.5	5
iii)	1	10
iv)	2	20
v)	More than 2	30

**Ecological Footprint Questionnaire Scoring Instructions:**

Total your score by adding up the points from each question and compare it to the following chart.

<b>Your Score</b>	<b>Ecological Footprint in Hectares</b>
Less than 150	Less than 4.0
150 - 350	4.0 - 6.0
350 - 550	6.0 - 7.7
550 - 750	7.7 - 10.0*
More than 750	More than 10.0

\* the Australian average.

For more on the ecological footprint and how to calculate what is currently sustainable, go to <https://www.footprintnetwork.org/our-work/ecological-footprint/>